

Application for HotCore Yoga 200-Hr. Teacher Training Certification

Name _____ Date _____

Mailing Address _____

City _____ State ____ Zip _____

Phone (H) _____ Phone (W) _____

Phone (C) _____

Email Address _____

Website (if applicable) _____

DOB (M/D/Y) _____ Height _____ Weight _____ Gender _____

Profession _____ College degrees _____

Emergency Contact

Name _____ Relation _____ Tel # _____

Please include a recent non-returnable headshot. Do not fax photos.

Verify all prerequisites have been met before submitting application.

Practice History

How many years have you practiced yoga? _____ Days per week? _____

What percentage of group classes vs. home practice? _____

List yoga teachers with whom you have studied

<u>Teacher name</u>	<u>Yoga Type</u>	<u>Location</u>	Frequency of
Study			

(City, studio name)

(# of classes/wk & # of Months)

What are the strengths of your yoga practice? _____

What can you improve in your yoga practice?

List injuries you have healed through yoga practice & describe the process

List any long-term injuries, physical limitations or other conditions

List other elements of yoga you have practiced including meditation, chanting, scripture (reading yoga texts), japa

List complimentary courses of study or credentials such as anatomy, massage, healing arts, Vedic Philosophy or any other yoga-related subject

Teaching History

If you have experience teaching yoga or other subjects, how many years? Please describe where, what styles/subjects & average class size.

Location/Business Name	Subject	Frequency	Ave # of students
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Purpose & Goals

How has practicing yoga impacted you and your relationship to the world? (100 -500 word)

Tell us your life history pertinent to this YTT program (100 – 500 word)

Describe your purpose in applying for HotCore YTT (100 – 500 word)

List skills & knowledge you are seeking to take from HotCore YTT?

List short-term yoga goals (1 – 2 years)

List long-term yoga goals (3 – 10 years & beyond)

Medical History

List all medications you are or will take during training & side effects.

List if you have been diagnosed with allergies, depression, schizophrenia,

bi-polar disorder, epilepsy or any other psychological conditions?

List if you have a history of sexual or physical abuse. List any history of substance abuse, addictive behaviors or suicidal tendencies.

Application Fee - \$100

(Trainees may apply this fee toward YTT cost if accepted)

Payment Methods – Check payable to: Yoga Passion
 Credit Card
 Online Paypal
 Cash payable at Yoga Passion

Terms & Conditions

Upon notification of acceptance, your reservation deposit of \$500 is due within 7 days. Payment of full tuition is necessary to receive the Early Bird Discount.

Cancellation Policy

Cancellation over 45 days prior to the start of YTT will result in \$200 charge with the balance refunded or applied to a future HotCore YTT within 2 years. Cancellation between 20 – 45 days to the start of the YTT will result in \$500 charge with the balance returned or applied to a future HotCore YTT within 2 years. All fees are final and non-refundable within 20 days before start of the YTT.

By signing and dating this application, you are ensuring you are in good health, and have consulted with a physician before beginning the program.

Signature _____ Date _____

Yoga Passion

where healing begins within

**32 West St. Beverly Farms, MA 01915 ★ 978-210-2190 ★ HYPERLINK “http://
www.yogapassion.com” www.yogapassion.com**